G.L.A.D. House
Empowering Youth and Strengthening Families to Break the Cycle of Addiction
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The Rights
I Have the Right...
To be happy and be treated with care and understanding
To be respected as a person, I am special and unique
To be safe
To say no
To state what I feel and hear what others have to say
To learn

GLAD House Mission
The Mission of GLAD House is to improve the lives of children and their families by breaking the cycle of addiction and promoting mental health for children

GLAD House Vision
Our vision is that children stay in school; demonstrate acceptable behavior at home, in school and the community; and live alcohol, tobacco and drug-free lives.
The Issue: Children at Risk

- 1 in 4 U.S. children are impacted by the addiction of a family member
- Significantly higher risk for:
  - Mental illness or emotional problems
  - Physical health problems
  - Learning problems
  - Placement in foster care
  - Doing poorly in school
  - Using/abusing drugs or alcohol

Intergenerational Cycles

- Drug and Alcohol Addiction
- Criminal Behavior
- Poverty
- Prostitution
- Domestic Violence
- Child Abuse and Neglect
- Homelessness

Target Population

- High risk youth ages 5-18
- Parent/care giver is struggling with the disease of addiction
- Child suffers from behavioral and mental health issues

GLAD House Program

- **Champs Program**: Intensive Prevention and Mental Health treatment ages 5-12
- **Glad Hands Club**: continues to reinforce Prevention and Wellness through age 18
- **Family Program**: Family Therapy, SFP Program, Community of Recovery
• GLAD House Video

The GLAD House Model

• Unique
• Comprehensive
• Individualized
• Long-term

Mental Health

• ADHD
• Anxiety
• Depression
• PTSD
• Adjustment Disorder
• Reactive Attachment Disorder
• Oppositional Defiant Disorder

Our View of Prevention

• Reduce Risk Factors and Increase Protective Factors
• Increase Developmental Assets
• The child needs to understand that addiction is a Disease and is Not Their Fault
• Long term relationship with positive adult role models
Risk vs. Protective Factors

<table>
<thead>
<tr>
<th>Risk Factors</th>
<th>Protective Factors</th>
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</thead>
<tbody>
<tr>
<td>Chaotic home</td>
<td>Strong family bond</td>
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<tr>
<td>Early Aggression</td>
<td>Self Control</td>
</tr>
<tr>
<td>Poor social coping skills</td>
<td>Social emotional competency</td>
</tr>
<tr>
<td>Failure in school</td>
<td>Strong bond with school</td>
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</tbody>
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Developmental Assets

- Search Institute: 40 Developmental Assets
- Represent the kinds of positive experiences and characteristics young people need and deserve
- Both external and internal

Academic Success

- Tutoring and homework assistance
- Teach study habits
- College preparation support

*Academics are key to breaking the intergenerational cycles of poverty and addiction*

Strengthening Families Program

- Nationally recognized evidence-based family skills program
- Promotes positive parenting and non-violent discipline
- Families are transformed by building relationships, communication and trust
Evidence Based Curricula

- Life Skills Training: Substance Abuse and Violence Prevention-Dr. Gilbert Botvin
- Second Step: A Violence Prevention Program Committee for Children
- Strengthening Families Program - Karol Kumpfer, Ph.D.

Supplemental Materials

- Growing Up Black and Proud-Peter Bell
- Free the Horses: A Character Education Adventure-Michael Popkin Ph. D and Susan Greathead, M.Ed.
- Children’s Program Kit-Dept. Health and Human Services
- Gateway Drugs Action Pack
- Truthought Bugs of Doodle Forest-Rogie Spon
- Positive Action-Carol Gerber Allred Ph. D.

Community Partnerships

- Child Welfare
- Mental Health Agencies
- Adult Alcohol and Drug Treatment Programs
- School System
- Justice System
- Youth Enrichment Programs

Devereux Student Strength Assessment DESSA
DESSA Classroom Profile

Ohio Youth Scales

Parent Scales: Problem Severity Results

- According to the parent, children’s problems decreased significantly from intake (24.05) to discharge (10.75)
- Clients problems decreased by 13.30 points!

Parent Scales: Functioning Results

- According to the parent, children’s functioning increased significantly from intake (55.30) to discharge (64.35)
- Clients functioning increased by 9.05 points!
Outstanding Results

• 84% have Successfully Completed the Champs Program!

• 86% of the Champs Graduates have followed through to the Glad Hands Club!

One Family's Story
Janice and Antonio

Outstanding Results

• 99% are promoted to the next grade

• 82% improved conflict resolution skills

• 80% improved social emotional competencies: which helps them manage both emotions and relationships

Conclusion

GLAD House Empowers Children and Strengthens Families to Break the Cycle of Addiction
The 7 C’s

I didn’t cause it
I can’t control it
I can’t cure it
I can help take care of myself by communicating feelings,
Making good choices, and
Celebrating myself